



**TRANSALPINE CENTER
OF PEDIATRIC SPORTS**
Medicine and Surgery



ACL INJURIES IN FEMALE ATHLETES

MAY 28, 2026 — Monza

Congress Center - IRCCS San Gerardo dei Tintori

**TRANSALPINE CENTER OF PEDIATRIC
SPORTS MEDICINE AND SURGERY
6TH CONFERENCE**

SCIENTIFIC RATIONALE

The Transalpine Center of Pediatric Sports Medicine and Surgery presents its 6th conference, focused on in-depth analysis of ACL injuries in young female football players. Within a rapidly evolving clinical landscape, this event serves a primarily educational purpose: to facilitate the exchange of scientific and clinical experiences among multidisciplinary specialists.

The core objective is to share knowledge regarding female-specific risk factors — anatomical, hormonal, and psychosocial — and to discuss various surgical and rehabilitative options. By providing a platform for sharing between surgeons, researchers, and trainers, we aim to update the professional expertise of participants, fostering a shared understanding for supporting young athletes throughout their treatment and return to sport.

Scientific Director

Marco Turati

Scientific Secretary

Marco Bigoni

Nicolas Bremond

Faculty

Franck Accadbled – Toulouse (FR)

Antonio Andreacchio - Milano

Pierfrancesco Bettinsoli - Brescia

Marco Bigoni - Ponte San Pietro

Nicolas Bremond - Grenoble (FR)

Federico Canavese – Genova

Giuseppe Carrà - Milano

Alessandro Corsini - Brescia

Andrea Davide Cossio - Monza

Aurelien Courvoisier - Grenoble (FR)

Marco Crippa - Monza

Alessandro Cristiano - Monza

Marco Diritto – Monza

Simone Gatti - Monza

Diego Gaddi - Ponte San Pietro

Federico Grassi – Pavia

Corinna Franklin – Yale (USA)

Fabio Esposito - Milano

Lucia Visconti Parisio - Milano

Massimiliano A. G. Piatti - Ponte San Pietro

Nicola Marcello Portinaro - Milano

Emma Proserpio - Monza

Giuseppe Righini - Milano

Agostino Rossoni - Bergamo

Franz Schir - Grenoble (FR)

Davide Tosoni - Milano

Marco Turati - Monza

Giovanni Zatti – Milano

Judith Wagner - Monza

SCIENTIFIC PROGRAMME

Ore 13:30 Arrival and Registration of participants

Ore 14:00 Welcome
G. Carrà, L. V. Parisio, C. Cogliati, G. Zatti

Ore 14.10 Introduction, Purpose and Definition: N. Bremond, A. Courvoisier, M. Turati

First Session

CHAIRS: F. Canavese, A. Cossio

Ore 14:15

ACL injury epidemiology in female athletes (E. Proserpio, E. Benedettini)
Hormonal profile in female players: ACL Risk and Antithrombotic Safety
Radiological Characterization of Female Anatomical Peculiarities: A Focus on the

Lower Limbs (Franz Schir)

Injectable Therapies for Young Athletes (S. Gatti)

Ore: 14:40 Discussion

Second Session

CHAIRS: A. Andreacchio, M. Bigoni

Ore 15:00 Magistral Lecture: ACL injuries in female athletes (Corinne Franklin)

Ore 15:40 Discussion

Ore 16:00 Coffee Break

Third Session

CHAIRS: P. Bettinsoli, M. Piatti

Ore 16:30

ACL Reconstruction: Is There a Specific Female Approach? (Marco Bigoni, Judith Wagner)

ACL repair – is there a role? (M. Turati, Jacopo Gorla)
All-Inside Meniscal Implants: News and Neurovascular Risks (Franck Accadbled, Marco Crippa)

Role of Knee Bracing in Sports (Agostino Rossoni)

Discussione

Fourth Session

CHAIRS: F. Esposito, D. Gaddi

- Ore 17:30 Psychological factors in pediatric sports medicine (Corinne Franklin)
Mimicking the ACL-Reflex: Non-Invasive Proprioceptive Neuromodulation (Cristiano
Alessandro)
Post-Surgical Recovery and Return to Play Strategies (Alessandro
Corsini)
- Prevention programme in soccer (Marco Diritto)
The management of post-traumatic and post-surgical pain (Davide Tosoni)
- Ore 18:15 Discussion
- Ore 18:30 Conclusion and take-home message